

FOR GRADES 6-8

DIGITAL CONNECTIONS

An interactive video series for students and families

Learn tips and strategies on how to use media and technology safely and responsibly in fun and engaging ways. Plus, have ongoing, honest, and productive conversations about your middle schooler's digital life.

digitalconnections.org

- Watch this free six-part video series with your student all at once (in less than an hour), or over a period of time.
- Each video has built-in pause points to check in, plus reflection questions to spark deeper discussions.
- No app needed! For the best experience, we recommend viewing on a desktop, laptop, or tablet.

Build healthy media and technology habits together. 💚





