

Find your core values and use them to make smart decisions about AI



Engage: Discover what matters most to you

Step 1: Identify your values

Circle at least six values that are important to you right now:

- **Authenticity:** Being genuine, staying true to yourself, knowing who you are
- **Balance:** Being intentional about your time and focus
- **Connection:** Building and keeping close relationships, being there for others
- **Creativity:** Original thinking, creative expression, and innovative approaches
- **Hard Work:** Striving toward goals, taking steps toward your future
- **Independence:** Thinking for yourself, making your own decisions
- **Individualization:** Tailoring approaches to meet each student's unique needs and strengths
- **Justice:** Standing up for what is right and fair
- **Kindness:** Being considerate, helpful, and caring — to yourself and others
- **Learning and Growth:** Continuous learning, developing new skills, expanding understanding
- **Open-Mindedness:** Willing to consider new ideas, listen to others, learn and grow
- **Presence:** Being present in the moment, giving people your full attention
- **Privacy:** Having boundaries, respecting others' boundaries, protecting yourself and others
- **Missing something important to you? Add it here:** _____

Step 2: Prioritize your values

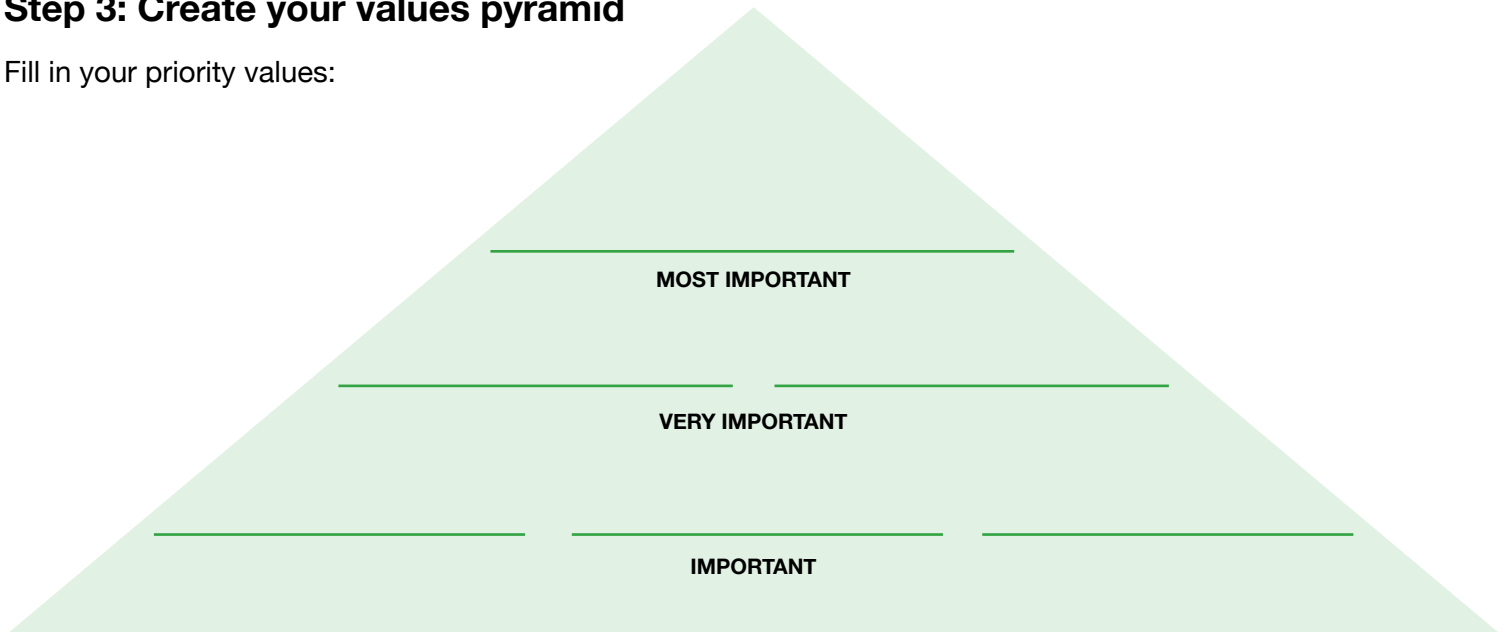
Of the values you circled:

- Draw a second circle around the three values that are VERY important to you.
- Draw a third circle around the value that is MOST important to you.

Engage: Discover what matters most to you (continued)

Step 3: Create your values pyramid

Fill in your priority values:



Step 4: Create a visual reminder of your values with Image Playground

Having your values displayed in your classroom or office can be a helpful visual reminder for you and your students. Here's a way to bring your values to life using Apple's Image Playground (requires [Apple Intelligence](#)):

1. Use [Image Playground](#) to create images that represent each of your AI values and generate an image to use as a background.
2. Open a new [Blank Layout](#) in Pages.
3. [Add your images](#) that you created in Image Playground.
4. Arrange the images in Pages and add text and shapes to customize your poster.

Tips for creating images:

- Be specific about what you want.
- Keep it simple — image generators work better with straightforward requests.
- Try generating a few options and pick the best one.
- Avoid potentially sensitive topics like historical events, current events, or controversial social issues.



Investigate: Work through AI dilemmas using your values

AI Digital Dilemmas

For each scenario, use the values you identified earlier to guide your thinking. Ask yourself:

- Which of my top values matter most in this situation?
- Does this scenario align with what I value, or does it conflict with my beliefs?
- How can my values help me figure out what to do?

Example: If **Authenticity** is one of your top values and you're facing Dilemma 2 ("Everyone's doing it"), you might think: "Using AI to write my entire paper wouldn't be authentic to my own learning and growth. Even though others are doing it and getting good grades, staying true to myself means doing my own work. I could use AI to help me brainstorm or organize my thoughts, but the writing needs to be mine."

Student Dilemmas	Teacher Dilemmas	Parent Dilemmas
1: Why bother learning this? Your friend says, "Why do I need to learn to write essays anyway? AI will just do it for me when I'm older." How do you respond to them?	4: Catching cheaters You're pretty sure several students used AI for their creative writing assignments, but you can't prove it. How will you confront them about this?	7: Keeping up Your child's classmates are using AI for school projects. You want to support your child's success but also value hard work and integrity. How do you handle this situation?
2: Everyone's doing it Your friend used AI to write their entire research paper and got an A. You're tempted to do the same for your upcoming assignment. What will you decide to do?	5: The helpful parent A parent admits they've been using AI to "help" their child with homework because "everyone else is doing it" and they don't want their child to fall behind. How will you talk to them about this?	8: The privacy question Your child wants to use an AI tool for homework help, but you're concerned about what data is being collected and shared. How do you make this decision?
3: Is this cheating? You're stuck on a math problem. Using AI to get the answer feels like cheating, but using it to understand the steps might be OK. How do you decide where to draw the line?	6: Time saver or shortcut? AI is helping you create lesson plans much faster, but you worry about losing the personal touch and deep knowledge of what your students need. How are you deciding what is and isn't OK for AI to do?	9: Setting boundaries Your teenager argues that using AI for creative writing is just like using spell-check or grammar tools. Where do you draw the line, and how do you explain it?

Act: Put your values to work in your classroom

Build your personal AI guidelines

Based on what you discovered about your values and how you handled the scenarios, complete these statements:

When I'm deciding about AI tools, I'll ask:

1. *Does this align with my values or go against them?*

2. _____

3. _____

I'll be careful about AI that:

1. _____

2. _____

3. _____

I'm most curious to try AI for:

1. _____

2. _____

3. _____

My non-negotiable when it comes to AI are:

1. _____

2. _____

3. _____

Think it through:

- How did your top values shape your thinking about these AI dilemmas?
- Were there times when your values seemed to pull you in different directions? How did you work through that?
- What surprised you about your own responses?
- How would you explain your values-based approach to AI to others (students, colleagues, family)?
- What questions do you still have about making values-based decisions around AI?